



RESTAURANT SCOLAIRE

Semaine du 31 Mars au 4 Avril 2025

MENU NORMAL

MENU SANS VIANDE

| LUNDI | SANS VIANDE tous les LUNDIS | | | | | | | | | | | | | | | | | | | | |
|-----------------|------------------------------------|---|---|---|--|--|---|---|---|---|---|--|--|--|--|--|--|--|--|---|---|
| | | | | | | | | | | | | | | | | | | | | | |
| MARDI | Fromage de tête | | | | | | T | | | | | | | | | | | | | | |
| | Sauté de dinde marengo | X | X | X | | | | X | T | X | X | | | | | | | | | | |
| | Flan de courgettes | X | | | | | | | | | | | | | | | | | | | |
| | Fromage coupe | | | | | | | | | | | | | | | | | | | | |
| | Flan caramel | X | X | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | |
| JEUDI | Rosette / Cornichon | | | | | | | T | | | | | | | | | | | | X | |
| | Filet de poulet moutarde | T | | | | | | | | | | | | | | | | | | X | T |
| | Haricots verts | | | | | | | T | | T | | | | | | | | | | | |
| | Fromage coupe | | | | | | | | | | | | | | | | | | | | |
| | Yaourt nature sucré | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | |
| VENDREDI | Céleri rémoulade | T | X | | | | | | | | | | | | | | | | | | |
| | Hamburger de veau | X | | | | | | | | | | | | | | | | | | | |
| | Pommes crispy | X | X | | | | | | | | | | | | | | | | | | |
| | Fromage coupe | | | | | | | | | | | | | | | | | | | | |
| | Fruit de saison | | | | | | | | | | | | | | | | | | | | |

| Salade verte | | | | | | | | | | | | | | | | | | | | | X |
|-------------------------------|---|---|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|---|
| Tagliatelles à la napolitaine | X | X | | | | | | | | | | | | | | | | | | | |
| Fromage coupe | | | | | | | | | | | | | | | | | | | | | |
| Fruit de saison | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | |
| Endives au fromage blanc | | | | | | | | | | | | | | | | | | | | | |
| Filet de poisson | | | | | | | | | | | | | | | | | | | | | |
| Flan de courgettes | X | | | | | | | | | | | | | | | | | | | | |
| Fromage coupe | | | | | | | | | | | | | | | | | | | | | |
| Flan caramel | X | X | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | |
| Crudités | | | | | | | | | | | | | | | | | | | | | X |
| Blanquette de poisson | | | | | | | | | | | | | | | | | | | | | |
| Haricots verts | | | | | | | | | | | | | | | | | | | | | |
| Fromage coupe | | | | | | | | | | | | | | | | | | | | | |
| Yaourt nature sucré | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | |
| Céleri rémoulade | T | X | | | | | | | | | | | | | | | | | | | |
| Omelette au fromage | X | | | | | | | | | | | | | | | | | | | | |
| Pommes crispy | X | X | | | | | | | | | | | | | | | | | | | |
| Fromage coupe | | | | | | | | | | | | | | | | | | | | | |
| Fruit de saison | | | | | | | | | | | | | | | | | | | | | |

FAMILLE DE PRODUITS

| | |
|--|-------------------------|
| | Légumes et fruits crus |
| | Légumes et fruits cuits |
| | Produits protidiques |
| | Féculents |
| | Produits laitiers |

Validé par une diététicienne
du Club Nutriservices

CODIFICATION DES ALLERGENES (T = traces)

| | |
|------------|-------------------|
| GLUTEN | SOJA |
| ŒUFS | FRUITS A COQUES |
| ARACHIDES | CELERI |
| LAIT | MOUTARDE |
| POISSONS | GRAINES DE SESAME |
| CRUSTACES | SULFITES |
| MOLLUSQUES | LUPIN |